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Advanced Women Management & Leadership Excellence Workshop

“Transforming minds, shaping future & empowering women as visionary Leaders”

Session One: 26th – 27th March 2026

Session Two: 6th – 7th August 2026

Virtual On Microsoft Teams

Venue: Protea Hotel Fire and Ice! Pretoria, Menlyn

Workshop Overview

The women in leadership workshop examines role identity, social capital, and diversity and inclusion as approaches to overcome the tension points that challenge the advancement of women in leadership roles on personal, social, societal, and institutional levels. Research has proved that in South Africa women holds about 47% of senior leadership positions despite making up half the population, amid ongoing issues like gender-based violence, pay gaps and cultural biases. Our course will illuminate practical ideals that should be embraced to eradicate these imbalances on women's roles and providing a realistic view of the tension points experienced by women daily.

This workshop aims to equip women in leadership positions with the knowledge and skills to explore their personal role identity, develop social capital, and drive diversity and inclusion. It will provide the resources to develop yourself and those you lead-in industry and community.

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Our experienced facilitator



Prof. Mamokgethi Phakeng

Mamokgethi Phakeng began her term of office as the 10th Vice-Chancellor of the University of Cape Town on 1 July 2018, where she had been serving as DVC for Research and Internationalization since January 2017. Before then she served as Vice Principal for Research & Innovation at the University of South Africa for 5 years, after serving 3 years as Dean of the College of Science, Engineering and Technology at the same university. She holds a PhD in Mathematics Education from Wits University and is one of the leading scholars in mathematics education globally. She has been invited to deliver over 60 keynote talks at international conferences, and as a visiting professor in universities around the world.

She has won many awards for her research and community work, including the Order of the Baobab (Silver) conferred on her by the President of South Africa in April 2016. In August 2014, CEO magazine named her the most influential woman academic in Africa; in 2020 she was included in Forbes' inaugural list of the 50 Most Powerful Women in Africa. She holds two honorary doctorates: Hon DSc from the University of Bristol in the United Kingdom (2019) & Hon DEd from the University of Ottawa in Canada (2022). In September 2022, she was the inaugural winner of the prestigious Africa Education Medal. She is a member of the Academy of Science of South Africa (ASSAf), Fellow of the African Academy of Sciences (AAS) & fellow of The World Academy of Sciences (TWAS) in 2021.

Deputy Mother, as she is affectionately referred to by many young people across the African continent, is an academic with a sharp social conscience & a philanthropist who, among other initiatives, founded the Adopt-a-learner Foundation in 2004 which provides financial and educational support to South African students from township and rural areas to acquire higher education qualifications. She donates 20% of her monthly salary and 100% of proceeds from her public speaking engagements to scholarship funds administered by UCT. UCT was ranked as the Best in Africa for the first time by all five major world university rankings.

What is the purpose of attending this training?

This women in leadership training program serves several key purposes, primarily focused on empowering participants to advance in their professional roles, build confidence, and contribute more effectively to their respective organizations. Our course is designed to address gender-specific challenges in leadership while fostering personal and collective growth.

Course Objectives:

- ❖ Reimagine leadership through values-driven, intersectional lenses to harness "female advantages" in relational and adaptive strategies amid AI disruptions.
- ❖ Master advanced negotiation, power dynamics, and network orchestration for boardroom influence and crisis navigation



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- ❖ Elevate your leadership capabilities and prepare for executive management.
- ❖ Enhance your future career prospects.
- ❖ Learn techniques to generate new ideas in your team and ensure positive outcomes.
- ❖ Recognize the challenges of negotiating with superiors and the gender influence.
- ❖ Develop personalized executive roadmaps integrating experimentation, storytelling, and systemic advocacy for legacy-building.
- ❖ Cultivate emotional intelligence, job crafting, and positive feedback ecosystems to foster resilient, innovative teams.

Training Methodology

Prof. Mamokgethi Phakeng accumulated tremendous experience over the years as an executive female leader and as an academic. She has been invited to deliver over 60 keynote talks at international conferences, and as a visiting professor in universities around the world.

Individual & Professional Development

- ❖ Enhance Strategic Thinking and Decision-Making: To develop the ability to think strategically, analyze complex business problems, make effective decisions, and drive innovation at an executive level.
- ❖ Strengthen Executive Presence and Influence: To master communication, public speaking, and negotiation skills to build authority, project confidence, and influence key stakeholders and board members.
- ❖ Cultivate Authentic Leadership and Personal Branding: To help participants define and lead with their authentic leadership style, leverage their unique strengths, and effectively manage their personal brand and visibility.
- ❖ Build Resilience and Personal Mastery: To develop strategies for managing stress, building long-term resilience, and avoiding burnout while balancing high-level professional and personal demands.
- ❖ Accelerate Career Progression: To provide women with a clear career roadmap and the practical skills necessary to advance into senior and executive roles.

Organizational & Systemic Impact.

- ❖ Navigate Organizational Politics and Culture: To understand and effectively manage power dynamics, build social capital, and navigate complex organizational cultures to effect positive change.
- ❖ Drive Diversity, Equity, and Inclusion (DEI): To equip women with the tools to champion a more inclusive workplace culture and actively address systemic barriers and gender biases for themselves and other aspiring leaders.
- ❖ Build Powerful Networks and Sponsorships: To foster strong, lasting networks with a cohort of high-caliber peers and gain access to senior mentors and sponsors who can advocate for their career advancement.
- ❖ Lead Through Change and Innovation: To develop the competencies required to lead teams and organizations through disruptive change and digital transformation.



Who Should Attend?

- ❖ Senior women leaders, in corporate, nonprofit, or public sectors.
- ❖ Senior Managers
- ❖ Head of Departments
- ❖ Director & VPs
- ❖ Current executives who want to refine their leadership skills
- ❖ High-Potential Leaders
- ❖ Chief Executive Officers
- ❖ Women Entrepreneurs/Business Owners
- ❖ Vice Chancellors
- ❖ All female leaders seeking to strengthen their leadership and management capabilities

Course Outline Advanced Modules

Strategic Vision and Global Leadership

- ❖ Strategic Thinking in a Complex World (VUCA)
- ❖ Developing the ability to lead in volatile, uncertain, complex, and ambiguous (VUCA) environments.
- ❖ Global Leadership and Cross-Cultural Competence
- ❖ Understanding and navigating the challenges of leading diverse, international teams and market dynamics
- ❖ Vision Setting and Implementation
- ❖ Crafting and driving a compelling organizational vision linked to purpose and strategy

Power, Politics, and Influence at the Executive Level

- ❖ Navigating Formal and Informal Power Structures
- ❖ Interpreting subtle messages of power, politics, and governance in global business.
- ❖ Building Strategic Alliances and Networks
- ❖ Cultivating powerful, cross-functional, and global networks to drive influence and career progression.
- ❖ Mastering Advanced Negotiation and Persuasion
- ❖ Moving beyond basic negotiation to handle complex, high-stakes scenarios and bridge differences effectively.

Governance and Organizational Change

- ❖ Corporate Governance and Ethical Leadership
- ❖ Understanding the responsibilities and ethical frameworks for board-level roles.
- ❖ Leading Digital Transformation and Innovation
- ❖ Driving change and leveraging technology, including AI and data analytics, for strategic impact.
- ❖ Culture and Change Management
- ❖ Shaping organizational culture and leading large-scale change initiatives to promote inclusivity and high performance.



Executive Presence and Personal Legacy

- ❖ Executive Presence and Credibility:
- ❖ Enhancing personal presence through verbal, non-verbal, and authentic communication to establish authority and trust.
- ❖ Mentorship, Sponsorship, and Coaching (as a senior leader)
- ❖ Developing skills to mentor and coach others, creating a pipeline of future women leaders and building a personal legacy.
- ❖ Resilience and Well-being for Senior Roles
- ❖ Advanced strategies for maintaining peak performance and well-being amidst executive pressures and demands.

Driving Diversity, Equity, and Inclusion (DEI)

- ❖ Challenging Systemic Bias
- ❖ Identifying and addressing institutional and societal barriers and creating a culture that embraces and leverages diversity

Resilience, Feedback, and Adaptability

- ❖ Emotional and Social Intelligence: Deepening self-awareness and enhancing the ability to manage emotions and relationships effectively.
- ❖ Building Resilience and Well-being: Strategies for creating and maintaining personal resilience, managing stress, and setting boundaries.
- ❖ Personal Leadership Vision and Legacy: Defining a personal leadership purpose and creating an action plan for long-term career growth and building a legacy.

Practical application and Peer Learning

- ❖ Action Learning Projects: Applying course knowledge to real-life organizational challenges, often in group settings.
- ❖ Peer-to-Peer Learning: Engaging in dialogue and reflective sessions with a cohort of executive women leaders to share experiences and insights.
- ❖ Executive Coaching: Receiving tailored guidance from experienced coaches.

Delegate Note:

- 1) The recorded training videos will be available after every session.
- 2) An ID/Passport copy will be required for the issuance of the attendance certificate, and this course doesn't align with any NQF, but CPD(Continuous Professional Development)
- 3) Kindly complete the registration form below to reserve your seat today and send it back to info@alliancetc.co.za for enrolment.
- 4) Our speaker has extreme experience of leadership, and this is not a session to pass.





Registration Form

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Fax: _____

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Position: _____

Email: _____

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Position: _____

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Session Two : 26th – 27th March 2026

Virtual

In-person

Protea Hotel Fire and Ice! Pretoria, Menlyn

Session Finale : 6th – 7th August 2026

Virtual

In-person

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Price per Delegate: R7 999.99

Virtual Price: R5 999.99



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Authorization

Signatory must be authorized to sign on behalf of the contracting Organization:

First Name: _____

Position: _____

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10. This signed registration form becomes a legal contract with Alliance Training and Conferencing (Pty) Ltd.